

## Sunday, Apr. 14 - Sunday, Apr. 28



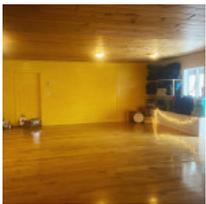
Scan for more info!

#wellness and fitness

### Monday Morning Class

Monday, Apr. 15th

Start your week strong with a Monday morning workout session from 7:30 - 8:30. The workouts are a nice mix of mobility, neurological training, strength, cardio, and flexibility. The sessions are held by a four-time Olympic medal winner. However, you don't need to be an Olympic athlete to join, and all abilities are welcome! We will have fun, activate the whole b...



Scan for more info!

#free #local #wellness and fitness

### Restorative Yin with Anna

Monday, Apr. 15th

An all-levels class to restore relaxation and body-mind connection. We will hold restorative yoga poses for 3-5 minutes utilizing props to support the release of tensional patterns. Register through our website [www.highpeaksyogashala.com/book-online](http://www.highpeaksyogashala.com/book-online) to reserve your spot. Drop in rate is \$20 or purchase a 10 class pack for \$160. All payments will be made in p...



Scan for more info!

#dining #leisure

### Two For Tuesdays at Lake Placid Pub & Brewery

Tuesday, Apr. 16th

A Legendary Night in Lake Placid at The Pub! What's better than one draft beer? Getting the second one for FREE! Join us each Tuesday evening starting at 6 pm for buy one get one draft beers! About the Lake Placid Pub & Brewery It began, like many microbreweries, with a homebrew kit and a love of beer. Not just a love of drinking beer but a rea...



Scan for more info!

#dining

### Pizza & Pint Night at Big Slide Brewery & Public House

Thursday, Apr. 18th

Free pizza with beer purchase! Join us at the bar every Thursday beginning at 5 p.m. for pizza & pints! Receive a complimentary 6" cheese pizza (add pepperoni for \$1) with the purchase of every house pint! Did we mention there are 10 house beers to choose from?! About Big Slide Brewery & Public House Big Slide Brewery & Public House opened in June of ...



Scan for more info!

## Lake Placid Steamboats, Fancy Hotels & the Gilded Age-- Final 2024 Winter Lecture Series Program of the Lake Placid-North Elba Historical Society

Thursday, Apr. 18th

Lake Placid Steamboats, Fancy Hotels, and the Gilded Age The Lake Placid-North Elba Historical Society is pleased to announce the fourth and final program for the 2024 Winter Lecture Series: Lake Placid Steamboats, Fancy Hotels, and the Gilded Age—an all-new historical photo tour and lecture looking through the lens of time at Lake Placid during the opulent Gild...



Scan for more info!

#conventions

## New York State Snowmobile Association Annual Meeting/ SLED Educational Forum

Friday, Apr. 19th

SLEDNY Educational Forum and NYSSA Annual Meeting The New York State Snowmobile Association will be holding its Annual Meeting and SLED Educational Forum in Lake Placid from Friday, April 19 - Sunday, April 21, 2024. NYSSA serves as the statewide advocate for the sport of snowmobiling. They seek to preserve and improve snowmobiling in New York State, working tow...



Scan for more info!

#shopping

## Eras Candle And Friendship Bracelet Making

Friday, Apr. 19th

ABOUT THIS EXPERIENCE Join us for an Enchanted evening of candle making, Friendship bracelets and Music at The Candle Bar! Pick your Eras outfit, bring your besties, and come party in Style! Participants will make their very own custom candle and friendship bracelet, while enjoying bubbly drinks and snacks. Come create with us and listen to Taylor Swifts ne...



Scan for more info!

#arts #entertainment #leisure

## See Something That Means Something Film Series

Friday, Apr. 19th

Mark your calendars for the See Something That Means Something film series! On the third Friday of every month from January through June, join fellow film lovers at the Lake Placid Center for the Arts. You'll enjoy a unique blend of films bringing our community of film lovers together to experience something that moves you ... something that gets you t...



Scan for more info!

#arts

## The 43rd Asbury Short Film Concert

Friday, Apr. 19th

The world's best short films show returns to the Lake Placid Center for the Arts. Asbury Shorts USA, New York City's longest running, non-competitive short film exhibition and touring show, will present their nationally recognized "43rd Asbury Short Film Concert" on Friday evening, April 19 at The Lake Placid Center for the Arts in Lake Placid,...



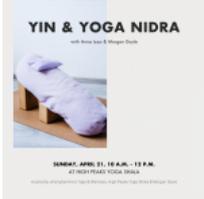
Scan for more info!

#entertainment #family #festivals and holidays

## Mountain MudFest

Saturday, Apr. 20th

Mountain MudFest is back for its third year, but at a new location! A community festival on April 20, 2024, Mountain MudFest is timed for when we need it most after a long winter. This is a chance for locals and friends to come together at the Saranac Lake Civic Center for great music, food, drink and outdoor activities. Planned for rain, snow or shine, the highlight ...



Scan for more info!

#free #local #wellness and fitness

## Yin & Yoga Nidra with Anna Izzo & Morgan Doyle at High Peaks Yoga Shala

Sunday, Apr. 21st

Sunday, April 21, 10a-12p at High Peaks Yoga Shala \$35. Pay upon arrival via cash or Venmo. A transformative two-hour journey into deep relaxation to soothe the mind, body, and spirit. Details: 1 hour of Yin Yoga lead by Anna (200hr RYT) followed by 1 hour of Yoga Nidra led by Morgan Doyle (Certified Yoga Nidra Practitioner)



Scan for more info!

#recreation

## CAN/AM Challenge Cup

Thursday, Apr. 25th

Watch Hockey in Lake Placid The Lake Placid Olympic Center is part of the CAN/AM Challenge Cup series! Various divisions at each age group come to play hockey in our historic arenas all season with CAN/AM. Lake Placid, NY is also home of classic winter pond hockey for the tournament series! Lake Placid Youth Tournament Dates: October 19-22, 2023 October 26-29, 2023 No...

## Local Notice



Scan for more info!

### **Find Employees, Find Summer Jobs! Visit WorkADK.com**

Monday, Apr. 15th

Find employees Looking for amazing employees to round out your team? This is your opportunity to promote job openings as part of the WorkADK campaign. How it works for businesses We know it can be hard to find summer help and we want to make it easier for you. Add your available job opportunities to Indeed at no cost, and you'll be included in the WorkADK c...



Scan for more info!

### **Register for the ILNY Virtual Job Fair**

Wednesday, Apr. 17th

Tourism Industry Virtual Career Fair In an effort to help connect tourism industry employers with talented job seekers, the New York State Department of Labor has partnered with I LOVE NY to offer a virtual career fair, promoting job opportunities in this exciting industry. New York businesses in need of seasonal or year-round staff are invited to participate in a tou...



Scan for more info!

### **Rotary Club weekly breakfast meeting**

Thursday, Apr. 18th

Weekly Rotary Meeting The Rotary Club of Lake Placid meets weekly at 7:20 a.m. for breakfast and fellowship at the Hampton Inn. All are welcome. Contact [rotarylakeplacid@gmail.com](mailto:rotarylakeplacid@gmail.com)